

# WASHINGTON TEAMSTERS WELFARE TRUST

## Medical Plan Comparison – 2007

### Oak Harbor Freight Traditional and Preferred Plans vs. Medical Plan B



This summary is not intended to be an all-inclusive description of Plan benefits and does not cover all limitations or exclusions. This summary should not be used in lieu of a Plan booklet. While every effort has been made to ensure that the information is accurate, if there are any discrepancies between this summary and the official Plan documents and booklets, the official Plan documents and booklets govern.

|   | Oak Harbor Freight<br>Regence BC/BS HDHP w/ HSA   |                          | Oak Harbor Freight<br>Regence BC/BS Preferred Plan   |   | WaTWT<br>Medical Plan B  |
|---|---|--------------------------|--|---|--|
| <b>Major Features</b>                             |   |                          |  |   |  |
| Monthly Contribution Rates                        | COBRA Rates<br>Employee \$422.41<br>Spouse \$422.41<br>Spouse + 1 Child \$718.10<br>Spouse + Children \$718.10<br>1 Child \$422.41<br>Children \$718.10<br>Employee + Spouse \$887.07<br>Employee, Spouse + 1 Child \$1182.75<br>Employee, Spouse & Children \$1182.75<br>Employee + 1 Child \$718.10<br>Employee + Children \$718.10 |                          | COBRA Rates<br>Employee \$484.34<br>Spouse \$484.34<br>Spouse + 1 Child \$823.37<br>Spouse + Children \$823.37<br>1 Child \$484.34<br>Children \$823.37<br>Employee + Spouse \$1017.11<br>Employee, Spouse + 1 Child \$1356.15<br>Employee, Spouse & Children \$1356.15<br>Employee + 1 Child \$823.37<br>Employee + Children \$823.37 |   | <b>\$698.90</b> – Full Family<br>(\$725.40 for 2008)<br><br>COBRA Rate<br>\$712.90 - Full Family<br>(\$739.90 for 2008)                                      |
|   | <b>In-network</b>   | <b>Non network</b>       | <b>In Network</b>  | <b>Non Network</b>                                  | <b>All Providers</b>   |
| Office Visit Co-Pay                               | NA  | NA                       | \$15   | NA  | \$20   |
| Calendar Year Deductible                          | \$1,500 per person; to \$3,000 maximum per family (Aggregating deductible)  |                          | \$200 per person; to \$600 maximum per family  |   | \$250 per person; to \$750 maximum per family **   |
| Coinsurance                                       | 80%   |                          | 80%  | 60%   | 80%  |
| Co-Insurance Out-of-Pocket Maximum                | \$3,500 per person; to \$7,000 maximum per family* (includes deductible)  |                          | \$1,250 per person; to \$3,750 maximum per family*(in network)<br>\$2,000,per person; to \$6,000 max per family*(non network)  |   | \$1,500 per person; to \$3,000 maximum per family****  |
| Lifetime Maximum                                  | \$1,000,000 per person  |                          | \$1,000,000 per person   |   | \$2,000,000 per person   |
| Medical Provider Network                          | Regence Blue Cross Blue Shield  |                          | Regence Blue Cross Blue Shield   |   | Beech Street/First Choice  |
| <b>Hospital and Emergency Room</b>                |   |                          |  |   |  |
| Hospital Pre-certification and Utilization Review | Required for inpatient stays and outpatient surgeries; \$250 penalty when admission not pre-certified.  |                          | Required for inpatient stays and outpatient surgeries; \$250 penalty when admission not pre-certified.   |   | Required for inpatient stays; \$200 penalty when admission not pre-certified. No coverage for days not certified as medically necessary at non-PPO facility. |
| Emergency Room                                    | 80% after the deductible  |                          | 100% after \$75 copay (copay waived if admitted)   | 60% after the deductible                            | 80% after the deductible and \$75 copay per visit (copay waived if admitted)   |
| Hospital Charges                                  | 80% after the deductible  | 60% after deductible     | 80% after the deductible   | \$250 copay per visit then 60% after the deductible | 80% after the deductible   |
| <b>Physician Services</b>                         |   |                          |  |   |  |
| Office Visits                                     | 80% after the deductible  | 60% after the deductible | 100% after \$15 copay per visit. Not subject to deductible.  | 60% after the deductible                            | 100% after \$20 copay per visit. Not subject to deductible.  |
| Preventive Care                                   | 100%. No deductible, unlimited  |                          | 100%. No deductible, \$500/yr. Max   | 60% after the deductible                            | 100% after \$20 copay per visit (includes exam and routine lab and x-ray)  |
|   |   |                          |  |   | Up to \$500 per person per calendar year   |

|  | Oak Harbor Freight<br>Regence BC/BS HDHP w/ HSA                                   |                          | Oak Harbor Freight<br>Regence BC/BS Preferred Plan                                |   | WaTWT<br>Medical Plan B   |
|--|---|--------------------------|---|---|---|
| Surgery and Other Professional Services                    | 80% after the deductible  |                          | 80% after the deductible  | 60% after the deductible  | 80% after the deductible  |
| <b>Other Plan Benefits</b>                                 |   |                          |   |   |   |
| Alternative Treatment Settings, in lieu of Hospitalization | 80% after the deductible  |                          |   |   | 80% after the deductible  |
| <i>Home Health Care</i>                                    | Up to 130 visits per calendar year  |                          | Up to 130 visits per calendar year, 100% before deductible                        |   | Up to 130 visits per calendar year  |
| <i>Hospice Care</i>  | Maximum of 6 months lifetime  |                          | Maximum of 6 months lifetime, 80% after deductible                                |   | Maximum of \$10,000 lifetime  |
| <i>Skilled Nursing Facility</i>                            | Up to 90 days per calendar year   |                          | Up to 90 days per calendar year, 100% before deductible                           |   | Up to \$100 per day and 180 days per condition  |
| Ambulance  | 80% after the deductible  |                          | 80% after the deductible  |   | 80% after the deductible  |
| Durable Medical Equipment                                  | 80% after the deductible  |                          | 80% after the deductible  |   | 80% after the deductible  |
|  |   |                          |   |   | <b>All Providers</b>  |
| Diagnostic X-Ray/Lab                                       | 80% after the deductible  | 60% after the deductible | 80% after the deductible  | 60% after the deductible  | 80% after the deductible  |
| Inpatient Rehabilitation                                   | 80% after the deductible  |                          | 80% after the deductible  | \$250 copay then 60% after the deductible                             | 80% after the deductible  |
| Outpatient Physical or Occupational Therapy                | 80% after the deductible  |                          | 80% after the deductible  |   | 100% after \$20 copay per visit.  |
|  |   |                          |   |   | Maximum of 24 visits of each therapy per person per calendar year   |
| Speech Therapy   | Information not found (maybe covered under Neurodevelopmental benefit)            |                          | Information not found(maybe covered under Neurodevelopmental benefit)             | Information not found(maybe covered under Neurodevelopmental benefit) | 100% after \$20 copay per visit   |
|  |   |                          |   |   | Maximum of 60 visits per lifetime   |
| Massage Therapy  | Not covered   |                          | Not covered   | Not covered   | 100% after \$20 copay per visit   |
|  |   |                          |   |   | Maximum 12 visits per person per calendar year.   |
| Organ Transplants  | \$25,000 maximum for donor benefits; \$5,000 maximum for transportation expenses. |                          | \$25,000 maximum for donor benefits; \$5,000 maximum for transportation expenses. |   | \$200,000 maximum for inpatient services per confinement. No limit on outpatient services. Covered after 6 continuous months in plan. |
| Spinal Treatment   | 80% after the deductible  |                          | 80% after the deductible  |   | 100% after \$20 copay per visit; x-rays covered at 80% after deductible   |
|  |   |                          |   |   | Maximum 15 visits and \$100 x-rays per person per calendar year.  |
| Acupuncture Treatment                                      | In network; 80% after deductible<br>Out of network; 60% after deductible          |                          | 100% after \$15 copay per visit   | 60% after deductible  | 100% after \$20 copay per visit.  |
|  |   |                          |   |   | Limited to 15 visits per person per calendar year. Acupuncturist must be a PPO provider   |
| Mental Health - Inpatient                                  | 80% after the deductible  | 60% after deductible     | 80% after the deductible  | \$250 copay then 60% after the deductible                             | 100% of authorized network charges or 50% for authorized non-network charges. No deductible.  |
|  | Limited to 10 days per calendar year and 20 days per lifetime.                    |                          | Limited to 10 days per calendar year and 20 days per lifetime.                    |   | Limited to 45 days per calendar year and 90 days per lifetime.  |

| Oak Harbor Freight<br>Regence BC/BS HDHP w/ HSA |   | Oak Harbor Freight<br>Regence BC/BS Preferred Plan                           |   | WaTWT<br>Medical Plan B  |   |
|---|---|--|---|--|---|
| Outpatient                                      | 50% after the deductible  | \$15 Copay limited to \$5,000 every 24 months, lifetime max \$10,000         |   | 100% of authorized network charges or 50% for authorized non-network charges. No deductible. |   |
|   | Up to 50 visits per person per year.  | Up to 50 visits per person per year.   |   | Up to 50 visits per person per year.   |   |
| Substance Abuse<br>Inpatient/ Outpatient        | Inpatient: 80% after the deductible.<br>Outpatient: 50% after the deductible.<br>\$5,000 every 24 months, \$10,000 lifetime | Inpatient: 60% after the deductible.<br>Outpatient: 50% after the deductible | Inpatient: 80% after the deductible. Outpatient: \$15 then 100% after the deductible. | Inpatient: 60% after the deductible. Outpatient: \$15 copay then 100% after the deductible.  | 100% of authorized network charges or 50% of authorized non-network charges. No deductible.   |
| Obesity Services                                | Coverage subject to treatment plans and approval  | Coverage subject to treatment plans and approval                             |   | 80% for covered non-surgical and surgical programs approved by Trust. Special rules.         |   |
| Jaw Treatment (including TMJ and MPD)           | \$5,000 every 24 months, \$10,000 lifetime  | Office visit 100% after \$15 copay; Hospital and care 80% after deductible   | 60% after the deductible  |  | <b>All Providers</b><br>80% after the deductible  |
|   | \$1,000 lifetime maximum per person for TMJ. Congenital defects not covered.  | \$1,000 lifetime maximum per person for TMJ. Congenital defects not covered. |   | \$6,000 lifetime maximum per person. Maximum waived for congenital defects.                  |   |
| Hearing Aids                                    | Not covered   | Not covered  | Not covered   |  | 80% after the deductible to \$500 per person every 3 calendar years. Cochlear implants covered under regular benefits. Max waived for children with congenital defects. |
| <b>Prescription Drugs</b>                       |   |  |   |  |   |
| Retail Network                                  | Caremark<br>Up to 34-day supply or 100 units  | Caremark<br>Up to 30-day supply or 100 units                                 |   | NBN/Rx<br>Up to 34-day supply  |   |
|   |   |  |   | <b>Recommended Pharmacy</b>  | <b>Regular Pharmacy</b>   |
| Generic   | 80% after deductible  | 100% after \$10 copay  |   | 100% after oopay equal to larger of \$5 or 10%   | 100% after copay equal to larger of \$10 or 10%   |
| Formulary Brand                                 | 80% after deductible  | 100% after \$25 copay  |   | 100% after copay equal to larger of \$15 or 30%  | 100% after copay equal to larger of \$20 or 30%   |
| Non-Formulary Brand                             | 80% after deductible  | 100% after \$40 copay  |   | 100% after copay equal to larger of \$15 or 30%  | 100% after copay equal to larger of \$20 or 30%   |
| Retail Non-Network Pharmacy                     | Not covered   | Not covered  |   | Not covered except in medical emergency  |   |
| Mail Order                                      | Not Available   | Coremark Mail Service. Up to a 90 day supply                                 |   | Union Center Pharmacy. Up to a 100-day supply  |   |
| Generic   | N/A   | 100% after \$20 copay  |   | 100% after \$10 copay  |   |
| Preferred Brand                                 | N/A   | 100% after \$50 copay  |   | 100% after \$35 copay  |   |
| Non-Preferred Brand                             | N/A   | 100% after \$80 copay  |   | 100% after \$35 copay  |   |
| Contraceptives                                  | Covered   | Covered  |   | Covered  |   |
| Smoking Cessation                               | 80%. Limited to \$500 per person per calendar year; \$1,500 lifetime  | 80%. Limited to \$500 per person per calendar year; \$1,500 lifetime         |   | Limited to \$500 per person per calendar year; \$1,000 lifetime                              |   |
| <b>Miscellaneous and Other Benefits</b>         |   |  |   |  |   |
| Coordination of Benefits (COB)                  | Standard COB  | Standard COB   |   | Standard COB   |   |

|                                  | Oak Harbor Freight<br>Regence BC/BS HDHP w/ HSA                                     | Oak Harbor Freight<br>Regence BC/BS Preferred Plan                                  | WaTWT<br>Medical Plan B  |
|----------------------------------|---|---|--|
| Pre-existing Condition           | 3 month waiting period less any creditable coverage                                 | 3 month waiting period less any creditable coverage                                 | No waiting period  |
| Dependent Children               | Up to age 19, and from 19 through age 24 if full-time student, any age if disabled. | Up to age 19, and from 19 through age 24 if full-time student, any age if disabled. | Up to age 19, and from 19 through age 25 if full-time student, any age if disabled.  |
| Domestic Partners                | Information not found   | Information not found   | Not included – Coverage available for bargaining and additional monthly contribution   |
| Disability Extension of Coverage | Information not found   | Information not found   | 3 months included. Additional 9 available.   |
| Life/AD&D Insurance              | \$15,000 per employee   | Information not found   | Not included - Plan A, B or C available  |
| Time Loss Benefits               | Information not found   | Information not found   | Not included – Plan A, B, C or D available. 1 <sup>st</sup> day coverage for accident. 1 week wait for illness. 26 weeks equivalent maximum.                   |
| Long Term Disability             | Information not found   | Information not found   | Not included - LTD plan available. 6-month waiting period. 60% of wages offset by other disability income. Maximum five years and \$1,500/mo. Minimum \$50/mo. |

\* Excludes penalties and ineligible charges.

\*\*Does not apply to office visits subject to copays, prescriptions, or mental health and chemical dependency.

\*\*\* Once an individual has reached their co-insurance out-of-pocket maximum during a calendar year, the plan pays most eligible expenses at 100% for the rest of that calendar year. Does not apply to some benefits, i.e. amounts exceeding allowed charges, charges for excluded services, non-notification penalties, prescriptions, deductibles or copays

Usual Customary and Reasonable (UCR) charge limits apply to non-network (non-PPO) healthcare providers and hospitals.

| Ancillary Benefit Add-ons for WaTWT Medical Plans |                                     | Monthly Rate |
|---|-------------------------------------|--------------|
| <i>Employee Life, AD&amp;D and Dependent Life</i> |                                     |              |
| Plan A  | \$30,000 employee/\$3,000 dependent | \$ 9.40      |
| Plan B  | \$15,000 employee/\$1,500 dependent | \$ 4.75      |
| Plan C  | \$ 5,000 employee/\$ 500 dependent  | \$ 1.70      |
| <i>Additional 9 Month Disability Waiver</i>       |                                     |              |
| 9 month disability waiver                         |                                     | \$ 11.40     |
| <i>Timeloss – Employee only</i>                   |                                     |              |
| Time Loss Plan A                                  | Weekly benefit: \$400               | \$ 20.00     |
| Time Loss Plan B                                  | Weekly benefit: \$300               | \$ 13.50     |
| Time Loss Plan C                                  | Weekly benefit: \$200               | \$ 8.00      |
| Time Loss Plan D                                  | Weekly benefit: \$100               | \$ 3.50      |
| <i>Long Term Disability</i>                       |                                     |              |
| Long Term Disability                              |                                     | \$ 6.25      |